

# 2025

# *Timetable*



Email us today for pricing or for information about classes and class suggestions.



# 2025 Timetable

Day	Time	Class	Age / Group
MON	4:00 - 4:45PM	Teen / Senior Elite Combined Conditioning	Teen & Snr Elite
MON	4:15 - 5:00PM	Junior Elite Conditioning	Junior Elite
MON	4:15 - 5:00PM	Junior / Inter Hip Hop Troupe	Jnr / Inter
MON	4:45 - 5:45PM	Teen / Senior Elite Rehearsals	Teen & Snr Elite
MON	5:00 - 5:45PM	Preteen & Advanced Hip Hop	Pre-teen / Advanced
MON	5:00 - 6:15PM	Junior Elite Rehearsal	Junior Elite
MON	5:45 - 7:00PM	Large Troupe Rehearsals	PT / Teen / Senior
MON	6:15 - 7:00PM	Junior Elite & Advanced Hip Hop	Junior Elite / Advanced
MON	6:15 - 7:30PM	Inter Performance (Jazz & Lyrical)	By Invitation (11-13)
MON	7:00 - 7:45PM	Senior / Teen & Advanced Hip Hop	Senior / Teen / Advanced
MON	7:00 - 7:45PM	Preteen Rehearsals	Preteen Elite
MON	7:45 - 8:45PM	Senior Hip Hop Troupe	By Audition

Day	Time	Class	Age / Group
TUES	2:00 - 3:00PM	Ready Set Dance Combined	Preschool - 2 - 5YO
TUES	4:00 - 5:00PM	Step Out (Jazz / Lyrical)	Mini
TUES	4:00 - 5:00PM	Mini Elite	Mini Elites
TUES	4:15 - 5:00PM	Grade 3 Ballet	Level determined by teacher
TUES	5:00 - 5:45PM	Intermediate Acro	Intermediate
TUES	5:00 - 5:45PM	Mini / Junior Hip Hop	Mini / Junior
TUES	5:00 - 5:45PM	Primary / Grade 1 Ballet	Level determined by teacher
TUES	5:45 - 6:30PM	Junior / Beginner Acro	Junior / Beginner
TUES	5:45 - 6:30PM	Intermediate Hip Hop	Intermediate
TUES	5:45 - 6:30PM	Grade 2 / Mini Elite Ballet Ballet	Level determined by teacher
TUES	6:30 - 7:15PM	Intermediate Contemporary / Lyrical	Inter
TUES	6:30 - 7:30PM	Junior Performance (Jazz & lyrical)	(By Invitation 7 - 10)
TUES	6:30 - 7:30PM	Grade 4 / 5 Ballet	Level determined by teacher
TUES	7:15 - 8:00PM	Advanced Acro	Advanced
TUES	7:30 - 8:30PM	Grade 5 / 6 Ballet	Level determined by teacher
TUES	7:00 - 9:00PM	VET DANCE - practical	Registered Students Only

# 2025 Timetable (cont.)

Day	Time	Class	Age / Group
WED	9:30 - 10:30AM	Ready Set Dance Combined	Preschool - 2 - 5YO
WED	4:00 - 5:00PM	Preteen Ballet	Preteen Elite
WED	4:00 - 5:00PM	Snr / Teen Rehearsal	Teen / Senior Elite
WED	4:00 - 5:00PM	Junior Elite Broadway Jazz	Junior Elite
WED	5:00 - 5:45PM	Teen / Senior Broadway	Teen / Senior Elite
WED	5:00 - 5:45PM	Junior Elite Rehearsal	Junior Elite
WED	5:00 - 5:45PM	Preteen Commercial	Preteen Elite
WED	5:45 - 7:15PM	Senior Performance - Jazz and Lyrical	By Audition
WED	5:45 - 6:45PM	Junior Elite Ballet	Junior Elite
WED	5:45 - 6:45PM	Preteen Rehearsal	Preteen Elite
WED	5:45 - 6:45PM	Teen / Senior / Open Commercial	Teen / Senior / Open
WED	6:45 - 7:30PM	Preteen Broadway	Preteen Elite
WED	6:45 - 7:30PM	Junior Commercial	Junior
WED	6:45 - 7:45PM	Intermediate / Adv / Teen / Senior Ballet	Int / Adv / Teen / Snr
WED	7:45 - 8:45PM	VET DANCE Theory	Registered Students Only

Day	Time	Class	Age / Group
THUR	4:00 - 5:00PM	Junior/PT Open - Lyrical/Contemporary	Jnr / Preteen / Open
THUR	4:00 - 5:00PM	Senior & Company Musical Theatre	Company Team
THUR	5:00 - 6:00PM	Junior / PT / Inter Acro	Junior / PT / Inter
THUR	5:00 - 6:00PM	Company Rehearsal	Company Team
THUR	5:00 - 6:00PM	Preteen / Teen Musical Theatre	Preteen / Teen (12-15yo)
THUR	6:00 - 7:00PM	Advanced / Company / Teen Acro	Company / Adv
THUR	6:00 - 7:00PM	Senior / Open Lyrical / Contemporary	Senior / Open 14+
THUR	6:00 - 7:00PM	Mini / Junior / Open Musical Theatre	Mini / Jnr / Open (8-11yo)
THUR	7:00 - 7:45PM	Junior / Inter Tap	Jnr / Inter
THUR	7:00 - 8:00PM	Teen / Open Lyrical / Contemp	Teen / Snr
THUR	7:00 - 8:00PM	Senior Rec Jazz	Senior
THUR	7:45 - 8:30PM	Inter / Snr Tap	Inter / Snr
THUR	8:00 - 8:45PM	Senior Rehearsals	Senior (by Invitation)

# 2025 Timetable (cont.)

Day	Time	Class	Age / Group
FRI	4:00 - 4:45PM	Beginner / Mini Hip Hop	Beginner / Minis
FRI	4:00 - 4:45PM	Grade 3 / 4 Ballet	Level determined by teacher
FRI	4:45 - 5:30PM	Intermediate Acro	Intermediate
FRI	4:45 - 5:30PM	Primary / Grade 1 Ballet	Level determined by teacher
FRI	5:30 - 6:15PM	Junior / Inter Hip Hop	Junior / Inter
FRI	5:30 - 6:15PM	Grade 5 Ballet	Level determined by teacher
FRI	6:15 - 7:00PM	Junior / Inter Jazz	Junior / Inter
FRI	6:15 - 7:15PM	Grade 6 / Intermediate Ballet	Level determined by teacher
FRI	7:15 - 8:15PM	Advanced 1 Ballet	Level determined by teacher
FRI	8:15 - 9:00PM	Senior Performance Ballet Troupe	By Audition

Day	Time	Class	Age / Group
SAT	8:45 - 9:45AM	Ready Set Dance Level 1 & 2 Combined	Ready Set Dance (2 - 5yo)
SAT	9:00 - 10:00AM	Ready Set Dance - Level 1	Ready Set Dance (2 - 3yo)
SAT	9:00 - 9:45AM	Primary Ballet	Beginner
SAT	9:00 - 9:45AM	Stretch & Flex (Int / Adv)	Int / Advanced
SAT	9:45 - 10:30AM	Mini / Jnr Acro	Mini / Juniors
SAT	9:45 - 10:30AM	Grade 1 / 2 Ballet	As determined by Miss Peta
SAT	9:45 - 10:30AM	Turn / Jumps / Kick's (Tech Conditioning - Int / Adv)	Int / Advanced
SAT	10:00 - 10:30AM	Preschool Ballet	Preschool
SAT	10:30 - 11:00AM	Preschool Acro	Preschool
SAT	10:30 - 11:15AM	Pointe	As determined by Miss Peta
SAT	10:30 - 11:15AM	Mini Tap / Jazz Combo	Mini
SAT	10:30 - 11:30AM	Conditioning / Technique (Beginner)	Mini / Beg
SAT	11:00 - 12:00PM	Ready Set Dance - Level 2	Ready Set Dance (4 - 5yo)
SAT	11:15 - 12:00PM	Extension Ballet	As determined by Miss Peta
SAT	11:15 - 12:00PM	Step Up	5 - 7YO
SAT	11:30 - 12:00PM	Mini Elite Conditioning	Mini Elites
SAT	12:00 - 12:45PM	Mini Groovers / Hip Hop	Minis
SAT	12:00 - 12:45PM	Junior Performance Ballet Troupe	By Audition Only
SAT	12:00 - 1:00PM	Step Out	7 - 9YO
SAT	12:00 - 1:00PM	Mini Elite Rehearsals	Mini Elites
SAT	12:45 - 1:30PM	Mini Lyrical / Contemp	Mini
SAT	1:00 - 2:30PM	Musical Theatre Program	8 - 14yo
SAT	1:15 - 2:00PM	Company Advanced Tech	Company Team
SAT	2:00 - 3:30PM	Company Rehearsals	Company Team