



2023 Timetable

Day	Time	Class	Age / Group	Studio
Mon	4:00 - 4:45pm	Advanced Conditioning	PT / Teen / Snr Elite	1
Mon	4:00 - 4:45pm	Junior Conditioning	Jnr Elite	2
Mon	4:45 - 5:30pm	Advanced Progressions	PT / Teen / Snr Elite	1
Mon	4:45 - 6:15pm	Junior Elite Technique & Rehearsal	Jnr Elite	2
Mon	4:45 - 5:30pm	Boys Hip Hop	Open	3
Mon	5:30 - 6:30pm	Preteen Rehearsals	PT Elite	1
Mon	5:30 - 6:15pm	Senior / Teen / Advanced Hip Hop	Teen / Snr / Adv	3
Mon	6:15 - 7:45pm	Inter Performance	Int Performance	2
Mon	6:15 - 7:00pm	Junior Elite / Advanced Hip Hop	Jnr Elite / Adv	3
Mon	6:30 - 7:30pm	Snr / Teen Elite Rehearsal	Snr / Teen Elite	1
Mon	7:00 - 7:45pm	Preteen Elite / Advanced Hip Hop	PT Elite	3
Mon	7:30 - 9:00pm	Senior Performance	Snr Performance	1
Mon	7:45 - 8:30pm	Hip Hop Troupe	By Audition	3

Day	Time	Class	Age / Group	Studio
Tues	2:00 - 3:00pm	Ready Set Dance	2 - 5yo	2
Tues	4:00 - 4:45pm	Mini / Jnr Rec Jazz & Technique	5 - 8yo	1
Tues	4:00 - 5:00pm	Mini Elite	Mini Elites	2
Tues	4:15 - 5:00pm	Grade 5 Ballet	Level determined by teacher	3
Tues	4:45 - 5:45pm	Junior Performance	By Audition	1
Tues	5:00 - 5:45pm	Mini / Jnr Hip Hop	6 - 9yo	2
Tues	5:00 - 5:45pm	Primary / Grade 1 Ballet	Level determined by teacher	3
Tues	5:45 - 6:30pm	Beginner / Int Acro	Beginners / Intermediate level	1
Tues	5:45 - 6:30pm	Jnr Lyrical / Contemp	7 - 10yr	2
Tues	5:45 - 6:30pm	Grade 2 Ballet	Level determined by teacher	3
Tues	6:30 - 7:15pm	Int / Adv Acro	Intermediate to Advanced	1
Tues	6:30 - 7:15pm	Int Hip Hop	10 - 13yo	2
Tues	6:30 - 7:15pm	Grade 3 Ballet	Level determined by teacher	3
Tues	7:15 - 8:00pm	Int Lyrical / Contemp	10 - 13yo	1
Tues	7:15 - 8:15pm	Adult Dance / Fitness Class	18+	2
Tues	7:15 - 8:00pm	Grade 4 Ballet	Level determined by teacher	3

Day	Time	Class	Age / Group	Studio
Wed	4:00 - 5:00pm	Senior Elite Broadway	Snr Elite	1
Wed	4:00 - 5:00pm	Junior Elite Broadway	Jnr Elite	2
Wed	4:00 - 5:00pm	Preteen Elite Ballet	Preteen Elite	3
Wed	5:00 - 6:00pm	Senior Elite Contemporary	Snr Elite	1
Wed	5:00 - 6:00pm	Preteen Elite Broadway	Preteen Elite	2
Wed	5:00 - 6:00pm	Junior Elite Ballet	Jnr Elite	3
Wed	6:00 - 7:00pm	Preteen Elite Contemporary	Preteen Elite	1
Wed	6:00 - 7:00pm	Junior Elite Rehearsal	Jnr Elite	2
Wed	6:00 - 6:45pm	Teen Elite Ballet	Teen Elite	3
Wed	6:45 - 7:45pm	Senior Elite Ballet	Snr Elite	3
Wed	7:00 - 8:00pm	Teen Broadway	Teen Elite	1
Wed	7:45 - 8:45pm	Grade 6 / Intermediate	Level determined by teacher	3
Wed	8:00 - 9:00pm	Teen Elite Contemporary	Teen Elite	1

Day	Time	Class	Age / Group	Studio
Thurs	9:30 - 10:00am	Preschool acro	2 - 5yo	2
Thurs	10:00 - 11:00am	Ready Set Dance	2 - 5yo	2
Thurs	11:00 - 11:30am	Tutu's & Tiara's	2 - 5yo	2
Thurs	4:00 - 5:00pm	Advanced Acro	Company / Open	1
Thurs	4:00 - 5:00pm	Senior Elite Rehearsal	Snr Elite	2
Thurs	4:00 - 5:00pm	Open Triple Threat	7 - 12yo	3
Thurs	5:00 - 6:00pm	Intermediate Acro	Intermediate Level	1
Thurs	5:00 - 6:30pm	Company Rehearsal	Company Team	2/1
Thurs	5:45 - 6:30pm	Senior Heels	14yr +	3
Thurs	6:00 - 6:45pm	Mini / Jnr Tap	6 - 10yo	2
Thurs	6:30 - 7:30pm	Open Lyrical / Contemporary Class	14yr +	1
Thurs	6:30 - 7:30pm	Company Triple Threat	Company	3
Thurs	6:45 - 7:30pm	Senior Tap	13+	2
Thurs	7:30 - 8:15pm	Company / Int Tap	Company / 10 - 13yo	2
Thurs	7:30 - 8:30pm	Senior Rec Jazz	14yr+	1

Day	Time	Class	Age / Group	Studio
Fri	4:00 - 4:45pm	Beginner Acro	Beginner	1
Fri	4:00 - 4:45pm	Grade 3 Ballet	Level determined by teacher	3
Fri	4:45 - 5:30pm	Intermediate Acro	Intermediate	1
Fri	4:45 - 5:30pm	Primary / Grade 1 Ballet	Level determined by teacher	3
Fri	5:30 - 6:15pm	Jnr / Int Hip Hop	8 - 13yr	1
Fri	5:30 - 6:15pm	Grade 4 Ballet	Level determined by teacher	3
Fri	6:15 - 7:00pm	Jnr / Int Jazz	8 - 13yr	1
Fri	6:15 - 7:00pm	Grade 5 Ballet	Level determined by teacher	3
Fri	7:00 - 8:00pm	Grade 6 / Intermediate	Level determined by teacher	3
Fri	8:00 - 8:45pm	Senior Performance Troupe	By Audition	3

Day	Time	Class	Age / Group	Studio
Sat	9:00 - 10:00am	Ready Set Dance - Level 1	Level 1 - 2 - 3 yo	2
Sat	9:00 - 9:45am	Primary / Grade 1 Ballet	Level determined by teacher	3
Sat	9:00 - 9:45am	Mini Acro	5 - 8yo	1
Sat	9:45 - 10:30am	Mini Jazz / Tap	5 - 8yo	1
Sat	9:45 - 10:30am	Grade 2 Ballet	Level determined by teacher	3
Sat	10:00 - 10:30am	Tutus and Tiaras	2 - 5yo	2
Sat	10:30 - 11:15am	Junior Acro	7 - 10yo	1
Sat	10:30 - 11:00am	Prepointe	Level determined by teacher	3
Sat	10:30 - 11:30am	Ready Set Dance - Level 2	Level 2 - 4 - 5yo	2
Sat	11:00 - 11:45am	Grade 4 - 6 Ballet	Level determined by teacher	3
Sat	11:15 - 12:00pm	Mini / Jnr Lyrical / Contemp	6 - 11yr	1
Sat	11:30 - 12:00pm	Preschool Acro	2 - 5yo	2
Sat	11:45 - 12:45pm	Junior Ballet Troupe	By Audition	3
Sat	12:00 - 1:00pm	Step Up	5 - 7yo	2
Sat	12:00 - 1:00pm	Step Out	7 - 9yo	1
Sat	1:00 - 1:45pm	Mini / Jnr Hip Hop	6 - 11yr	3
Sat	1:00 - 1:45pm	Company Adv Tech	Company Team	1
Sat	1:00 - 2:00pm	Mini Elite	Mini Elites	2
Sat	1:45 - 2:45pm	Company Rehearsal	Company Team	1
Sat	2:00 - 2:30pm	Mini Elite Tech	Mini Elites	2